



BROAD BAND LIGHT/LASER RESURFACING

Pre-Instructions

- Purchase topical ointment (vaseline or aquaphor) and gentle cleanser (cetaphil).
- Discontinue the use of Accutane products 6 months prior to treatment.
- Avoid sun exposure, tanning lights, and self-tanning lotions for 4 weeks prior to your treatment. The incidence of post-inflammatory hyperpigmentation (darkened areas) increases on newly tanned skin. Apply a sun block daily to all areas exposed to the sun.
- (If applicable) Begin applying hydroquinone cream as directed 2 weeks prior to your treatment.
- Discontinue the use of retinol products 3 days prior to your treatment.
- (If applicable) Begin pre-prescribed medications (anti-viral, antibiotic) day before treatment.
- On the day of treatment:
 - wear comfortable clothing
 - bring all of your filled prescriptions
 - clean skin to be treated and do not apply lotions, creams or makeup
- Schedule follow-up appointments with our office: 409-212-8121